2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt
Boloki F012
Copts MR10

F
842
795

a mother she will go to the tomb of her dead child, taking a friend with her, and request the man whose business it is to do so to open the tomb. The disconsolate mother then goes down inside the tomb where the body lies, and steps over it backward and forward sevén times, in the belief that the dead child's spirit will re-enter her body and be born. Here we see a definite belief in reincarnation.

B
842
795
171

A very similar practice has been noticed among the Bangalas, a tribe to the north of the Congo. On one occasion a woman of this tribe was seen to be digging a hole in a public road. Her husband explained to a Belgian officer who was present that his wife wished to become a mother, and begged that she might be left unmolested, promising, on his part, to mend the road afterward. The woman continued to dig till she had unearthed the skeleton of her dead child, which she affectionately embraced, begging it at the same time to enter her body to be reborn.[1] In this case we see a very similar rite, accompanied by the same belief, as in modern Egypt.

E
842
766

Among the Copts, if a child dies while it is a baby and after it has been baptized the body is enclosed in a coffin. However, the mother of the child instructs the men who take it to be buried in the graveyard (generally near a monastery) that they are to remove the body from the coffin and inter the latter only in the vault. The body of the child is then buried in the sand near the vault, and sand is placed under its armpits and its chin and on its thighs. This, the mother believes, will ensure her having another child. It seems as if the Copts have a belief similar to that of the Muslims mentioned above, and that the sand is used to keep the body from twisting and thereby preventing the mother from bearing another child.

Again, among the Copts, if a child dies before it is baptized it is placed naked in a *ḳādūs* (an earthenware jar, several of which are attached to water-wheels). This jar is buried under the floor of one of the rooms in the house, it does not matter which, and is covered again with the mud of which the floors are usually made in the houses of the *fellāḥīn*. This is believed to ensure the mother having another child.

Sometimes if a woman has no children her friends will take her

[1] Quoted by Sir J. G. Frazer in *The Golden Bough*, "Adonis, Attis, and Osiris," 3rd edition, vol. i, p. 92.

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

CHAPTER XV

MUSLIM SHEIKHS AND COPTIC SAINTS

THE Egyptian peasants venerate a number of holy men and women to whom miraculous powers have been ascribed, either during their lifetime or after their death Such a holy person is given the title of sheikh. The word sheikh means literally an old man, and a man who is advanced in years is often addressed as Sheikh so and so as a term of respect. The word also signifies the head of an Arab tribe, the leading man in a village, and, finally, a learned man (*i.e.*, one learned in the sacred writings).

Certain of these holy men and women are venerated all over the country, the cults connected with them having become part of the general popular religion. But, besides these greater personages, there are innumerable local saints, who, however, often draw their devotees from localities beyond the boundaries of their villages.

However great may be the veneration paid to a saint in his lifetime, the honour he receives after his death is far greater. Among the Muslims it is the custom to erect over the grave of such a person a small whitewashed building, crowned with a dome, the outer and inner walls being usually decorated with line-drawings in colours and with inscriptions consisting of passages from the Ḳorān (see Figs. 139, 140). In many cases it is customary to provide a 'servant' (Fig. 138), or sometimes a number of 'servants,' whose salary is paid out of an endowment in land or money, augmented by the donations of those who visit the tomb. This man, or it may be a woman, is known as "the servant of the sheikh," and the office may descend from father to son. Besides the land surrounding the tomb, the sacred precincts may include a well, the water of which is supposed to be endowed with miraculous properties.

Sometimes a stone, or a heap of stones, or a tree or clump of trees, alone mark the last resting-place of a departed sheikh, but when there is a domed tomb a tree or trees are usually associated

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

with it. However, a tomb is not usually built until the dead sheikh appears to some one and demands such a building.

Most Muslim sheikhs of any standing have two or more tombs, or other burial sites, associated with them. This does not mean that the body of the sheikh is actually buried in any one of these sites, though there are many cases where this is so. A dead sheikh may appear to some man in a dream, or even when he is awake, and tell him to build a tomb on such and such a spot, and may even personally conduct him thither. It may happen that the inhabitants of a village possessing a venerated sheikh have been guilty of misconduct, or have offended the holy man by neglecting to pay him the respect which he considers his due. In such a case, it is believed, the sheikh will appear to a man in a distant village and instruct him to build another tomb. The new tomb often becomes more popular and is visited by a larger number of people than the older building. Thus a sheikh whose original tomb is in Lower Egypt may also be associated with a tomb or tombs far south in Upper Egypt.

FIG. 138. THE 'SERVANT' OF THE SHEIKH SAYID

Candles, or money with which to buy them, form a favourite offering. Such lights are kept burning every night in some sheikhs' tombs; in others they are perhaps burned on one night only in the week, usually a Friday. A number of votive offerings are generally found hanging on a cord or cords stretched across the interior of the building. The gifts display great variety, including glass

THE FELLĀḤĪN OF UPPER EGYPT

and bead bracelets, bunches of human hair, handkerchiefs, first-fruits of the cornfields, and so on. Each one registers an answered prayer, for the people flock in crowds to these tombs on certain days of the week—usually Thursdays or Fridays—generally to make some special request, or with the object of being freed from some disease, which they believe the sheikh can cure. A childless woman, or persons possessed by *ʿafārīt*, will come to beg the sheikh to intercede for them. Indeed, the performances of certain rites at the tomb may in themselves effect a cure.

Having removed his or her shoes before entering the building, the visitor then walks from left to right round the catafalque erected beneath the dome three, five, or seven times, reciting meanwhile special passages from the Ḳorān. These perambulations accomplished, the servant of the sheikh takes a broom, kept for this special purpose, and carefully brushes out all the footprints in the interior of the building.

Sick animals are also brought by their owners to a sheikh's tomb, round which they are driven seven times.

In one of the provinces of Upper Egypt, on the lower desert, stands the domed tomb of the sheikh Ḥasan ʿAli (Fig. 139). It is surrounded by a low mud-brick wall, which encloses a few small trees, a well, and two or three graves, wherein relatives of the dead sheikh lie buried. Pots of *ṣabr* (aloes) also decorate the sacred spot, for this plant is believed to bring happiness to the dead. The building is whitewashed, and is decorated with line-drawings in red and blue, illustrating the pilgrimage to Mecca. The surrounding desert is covered with the graves of more ordinary folk. These are marked by heaps of sand, into which are stuck branches of palm-trees, for palm-branches, like the aloe-plants, are believed to be the means of conveying happiness to the dead who lie beneath.

The sheikh Ḥasan ʿAli was only eighteen years old when he died, but from his earliest years he was noted for his piety. He was educated at a small school in his native village, and, as soon as he had learned to read, he spent all his leisure moments studying the Ḳorān. When he died he was buried in an ordinary grave in the lower desert among his dead fellow-villagers. However, one day, when old ʿAli (his father) was squatting on a *maṣṭabeh* (see p. 32), with his head resting on his hand, his dead son appeared before him and caught hold of him by the wrist, saying, "I am very angry."

His father said, "Why are you angry, my son?"

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

not survive him for many years. I was present at her funeral, which was attended by a large crowd of friends and relatives. She was buried in a grave near the tomb of her saintly son.

The sheikh ʿAbdu ʾl-Laṭīf lived in a small village in Middle Egypt, where some of his family still reside. An old man, the son of the sheikh's paternal uncle, is well known to me.[1] The sheikh ʿAbdu ʾl-Laṭīf was, in his lifetime, looked upon as a *walī*.[2] Insanity is the usual qualification for this high standing among the Muslim saints of Egypt, persons thus afflicted being regarded as the favourites of God. The sheikh had a habit of entering the houses of the people at night, after the doors had been locked, and while the evening meal was being cooked; for locked doors formed no barriers to the egress or ingress of this holy man. On entering he would immediately eat up all the food; meat, bread, and vegetables, no matter how large the quantity, would all be devoured on the spot. Any glass bottles that happened to be lying about might be included in this repast, for these he would bite up and swallow without drawing any blood. There was only one thing he feared, and that was water. If anyone threw a few drops of water at him he would run away in terror, as fast as his legs could carry him. My informant remembered him well, and he told me that on one occasion the sheikh entered his house after the entrance door had been securely locked and ate up all the food, including soup prepared for the evening meal.

When the sheikh died hundreds of people attended his funeral, and, being a very good man, he made his bearers walk quickly to the grave.[3] Above it has been erected the usual domed tomb; it is situated near that of the venerated sheikh Umbārak (Fig. 140) for whom a *mūlid*, or festival, is held once every year.[4]

One year, on the occasion of this festival, a man climbed on to the outside of the tomb of the sheikh ʿAbdu ʾl-Laṭīf without first removing his shoes. Some of the people standing round remonstrated with him for this act of irreverence, but he replied, "Who is the sheikh ʿAbdu ʾl-Laṭīf? He is nobody!" and refused to climb down or to take off his shoes. However, when he wanted

[1] At the moment of writing this I received a letter from Egypt telling me of this old man's death. He is the same man who divorced his wife by the triple divorce, described in Chapter V, pp. 95 f.

[2] *Walī* means 'friend' (*i.e.*, of God), and a Muslim saint is commonly so designated.

[3] See Chapter VII, p. 113.

[4] See Chapter XVI, pp. 252 ff.

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

THE FELLĀḤĪN OF UPPER EGYPT

During the sheikh ʿAbdu ʾl-Laṭīf's lifetime he was visited on one occasion by the sheikh Sulimān, who resided in a village some miles distant. Wherever he went the sheikh Sulimān was always accompanied by his faithful servant. On the occasion of this visit the two sheikhs conversed together in an unknown language. This roused the curiosity of the sheikh Sulimān's servant, who after the interview asked his master what they had been talking about. The sheikh told him that ʿAbdu ʾl-Laṭīf had remonstrated with him for coming to his village and had bade him remain in his own neighbourhood. Doubtless jealousy was at the root of this ill-feeling.

A few days later the servant noticed very early in the morning that his master's fingers were all burned at the tips. He immediately questioned him as to the cause of this injury, and the sheikh told him that it was his custom to go every night to all the sheikhs' tombs in the neighbourhood and light candles for them, and that while he was engaged in this pious work his fingers were burned.

The sheikh Sulimān is now dead, but his piety is still remembered. He is buried in his native village, but six other tombs are erected to his memory in various parts of the country. Moreover, the inhabitants of his village hold a *mūlid* every year in his honour.

In one of the provinces in Upper Egypt, close to the desert hills, lived the sheikheh Ṣulūḥ. This woman had, during her lifetime, a great reputation for holiness, and people flocked to her, in times of difficulty, from all quarters. Her skin was very dark from constant exposure to the sun, and her head, on which she wore no veil, was covered with a crop of hair, thick and long like the wool of a sheep; from beneath her brows peered dark, sharp-looking eyes. Her clothes were scanty, consisting merely of a piece of linen rag and a sort of coat. She remained out in this desert solitude all day, and at night, so I was told, slept alone "in the mountain." As I have explained, the people call the often precipitous high-desert hills the mountain (*el-gebel*), so she probably took shelter in one of the natural or artificial caves which exist in great numbers in the hillsides.

On one occasion, when a number of men and women had come to consult her, one of the former asked her what had become of his most valuable camel, which he had lost. The sheikheh at once told him the exact hour in which this loss had occurred, and in-

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

formed him that one of his sons had stolen it and had sold it to a man in another village in the same province. She then told him the name of the man who had bought it, and said that if he went to the house of the purchaser he would be able to recover his lost property.

I was told that this information proved to be true, and the man eventually got back the camel which he had lost.

Another man then came forward, and when he had presented the sheikheh with a small sum of money she told him his name and the name of his village, though he was quite unknown to her. She also informed him that he had three sons and one daughter—a perfectly correct statement—and said, moreover, that on his return home he would find that his daughter was ill, this information also proving to be true.

This woman died two or three years ago, and crowds flocked to her funeral, men of all ranks coming to do her honour.

A certain Sheikh Ṣabr is buried in a small village in Middle Egypt, and a tree only marked his resting-place. This tree, which was large and very old, was blown down in 1926. I inquired if a tomb would now be built over the grave, but I was informed that probably no such building would be erected until the sheikh had appeared to some one and commanded him to build for him a domed tomb. I had visited this village on several occasions before the disaster occurred to the sacred tree, and was fortunate enough to secure some good photographs of it. The tree stood at the end of the village, and devotees who came to beg the sheikh to intercede for them so that they might obtain some special benefit, or who wished to be cured of headache or other ailments, would knock a nail into the trunk and then usually twist some of their hair round the nail. A cure, so it was believed, would follow this act. The nails must be virgin-nails—*i.e.*, not used before—and must be of native manufacture. Childless women also visited the tree to be cured of their barrenness. The sheikh Ṣabr is very highly venerated, and a *mūlid*, described on p. 256, is held in his honour once a year.

All these sheikhs were poor men, and the veneration shown to them is due to the virtues they displayed and to their supposed miraculous powers. The high esteem in which they hold their local saints is really good for the peasants, as it sets them some standard of conduct, and gives them a higher ideal of life than mere moneymaking and material success.

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt
COPTS MR10

COPTIC SAINTS

he had done this he would first find a very deep well, and westward from this he would find a large quantity of bricks, enough for the building of the church; while to the east he would find piles of white lime to be used in the construction of the building. To the east again of the lime, if he dug down to the depth of half a metre, he would find a heap of money, sufficient to pay for the entire building of the church, including the wages of the workmen employed. The saint told the *farrāsh* that he was to start at once to build the church, and that if he disobeyed his orders he would be killed. Then Māri Mīna el-ʿAgayebi vanished.

The *farrāsh* set to work to dig up the plot indicated, and found everything as the saint had told him, including the well, which he discovered first.

The church still stands on this spot, but the old *farrāsh* who built it has, of course, been dead for a long time, and since his day the building has been enlarged by one of the Coptic bishops. The well is still to be seen within the precincts of the church.

Māri Mīna el-ʿAgayebi is a very popular Coptic saint, and he is venerated not only by the Christians, but also by many of the Muslims, who have, so I was told, the greatest faith in him, and who often appeal to him for aid in time of need.

Egladiūs el-ʿAzab is a saint of great repute. Several churches in Egypt are dedicated to him, and his body lies with those of four other saints in a special edifice set apart for them in a large town in Upper Egypt. The bodies of these five holy men are still in a good state of preservation, though they have all been dead for a long period of time. Each body lies in a coffin. Egladiūs el-ʿAzab was very young when he died, having been killed, so I was told, by the Arabs because he was a Christian. He wears a wide ribbon of gold across his breast, and a gold earring in one ear. A special festival is held every year in his honour, for the due celebration of which the people make large quantities of bread, and bring cattle, which are slaughtered at the churches. The bread and meat are distributed among the poor, who flock in great numbers on these occasions to all the churches dedicated to him.

In a certain village in Asyūṭ Province there is a Coptic church dedicated to Māri Egladiūs el-ʿAzab. A man who lives close to the sacred building was, on one occasion, entertaining a Muslim friend who had arrived from another province. While they were engaged in conversation together the talk turned on to the subject

8:Schaefer A-5 (1900-1901) 1904
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Upper Egypt

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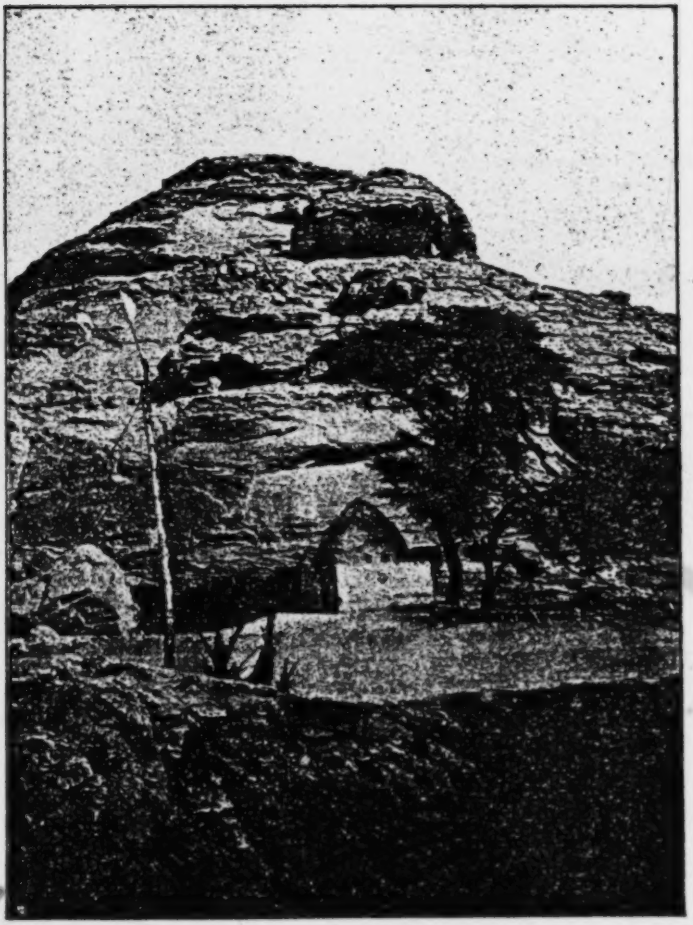

Photograph by Freiherr von Gruenau.

Grave of a Saint.
(at Ellesiye in Nubia.)

[P. 3]